

Infinite Martial Arts - Adult Classes Schedule

MON	TUES	WED	THURS	FRI	SAT	SUN
Private individual and group lessons available by request					Boxing w/ Colby 9am-10pm	Japanese Ju-Jitsu Zen Budokai* 11:00am-1:00pm
					Boxing w/ Colby 10pm-11pm	MMA 11:30am-12:30pm
					Kickboxing w/ Stef 11am-12pm	
	Womens Boxing 10am-11am			Womens Boxing 10am-11am	Japanese Ju-Jitsu Zen Budokai * 4:00pm-6:00pm	
Boxing w/ Jonathan 1100am-1200pm		Boxing w/ Jonathan 1130am-1230pm		Boxing w/ Jonathan 1130am-1230pm		
Boxing w/ Fitz 530pm-630pm	Boxing w/ Stef 530pm-630pm	Boxing w/ Jonathan 530pm-630pm	Boxing w/ Stef 530pm-630pm	Brazilian Jiu-Jitsu 530pm-630pm		
Boxing w/ Fitz 630pm-730pm	Boxing w/ Stef 630pm-730pm			Womens Jiu-Jitsu 630pm-730pm		
Brazilian Jiu-Jitsu 730pm-830pm	Taekwondo 730pm-830pm	Brazilian Jiu-Jitsu 730pm-830pm	Taekwondo 7:30pm-8:30pm			
		Japanese Ju-Jitsu Zen Budokai* 8:00pm-9:00pm		Japanese Ju-Jitsu Zen Budokai* 8:00pm-9:00pm		



All classes take place at 2830 Baker Street

Location - 2849 Baker street except for Zen Budokai (Japanese Ju-Jitsu) classes which are at 2830 Baker street

* Zen Budokai is our partner school - find out more about their program at http://www.zenbudokai.com/ZBK_WP/

